

At Aroha Health Care, we follow our A.R.O.H.A. framework, where care means:

### *A - Alongside You*

We walk beside disabled people and their whānau, honouring your voice every step of the way.

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### *R - Responsive & Tailored Supports*

Every support plan is shaped around the person — adapting as life changes, because no two journeys are the same.

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### *O - Open Hearts, Open Hands*

We serve with empathy, compassion, and heart, because care is not a service — it's a relationship.

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### *H - Honouring Accountability*

We hold ourselves accountable — to you, your whānau, and the promises we make.

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### *A - Appreciating Every Milestone*

Every step forward matters — we celebrate progress, growth, and moments of strength, big or small.

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## Whakakaha i ngā Pūmanawa (Strengthening Abilities Together)

Aroha Health Care is an emerging disability support provider in Aotearoa, dedicated to bridging gaps in current services and empowering tāngata whaikaha (people with disabilities) to live the lives they choose. We offer high-quality, one-to-one support tailored to people with intellectual disabilities, autism, and physical disabilities, delivered with respect, compassion, and cultural respon-

siveness. Rooted in the Waikato region, we work alongside individuals, whānau, and communities to promote independence, inclusion, and wellbeing. Our flexible 24/7 services adapt to the unique needs and goals of each person. Guided by the values of manaakitanga (care), whanaungatanga (connection), and kotahitanga (unity), we are building a future where everyone belongs and thrives.

### Our Mission

To support and empower tāngata whaikaha to live the lives they choose — with mana, equity, and equal opportunities to live a fulfilling and thriving life.

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### Our Vision

A society where disabled people have full rights, real choices, and equal opportunities to thrive.

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### Our Values

Our values are the foundation of everything we do. They guide our actions, shape our relationships, and inspire us to create a more inclusive and empowering world for tāngata whaikaha.

- Person-Centred Care
- Inclusivity
- Accessibility
- Compassion
- Empowerment

