

At Aroha Health Care, we follow our
A.R.O.H.A. framework, where care means:

A - Alongside You

We walk beside disabled people and their whānau,
honouring your voice every step of the way.

R - Responsive & Tailored Supports

Every support plan is shaped around the person — adapting
as life changes, because no two journeys are the same.

O - Open Hearts, Open Hands

We serve with empathy, compassion, and heart,
because care is not a service — it's a relationship.

H - Honouring Accountability

We hold ourselves accountable — to you, your
whānau, and the promises we make.

A - Appreciating Every Milestone

Every step forward matters — we celebrate progress,
growth, and moments of strength, big or small.

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Whakakaha i ngā Pūmanawa (Strengthening Abilities Together)

Aroha Health Care is an emerging disability support provider in Aotearoa, dedicated to bridging gaps in current services and empowering tāngata whaikaha (people with disabilities) to live the lives they choose. We offer high-quality, one-to-one support tailored to people with intellectual disabilities, autism, and physical disabilities, delivered with respect, compassion, and cultural respon-

siveness. Rooted in the Waikato region, we work alongside individuals, whānau, and communities to promote independence, inclusion, and wellbeing. Our flexible 24/7 services adapt to the unique needs and goals of each person. Guided by the values of manaakitanga (care), whanaungatanga (connection), and kotahitanga (unity), we are building a future where everyone belongs and thrives.

Our Mission

To support and empower tāngata whaikaha to live the lives they choose — with mana, equity, and equal opportunities to live a fulfilling and thriving life.

Our Vision

A society where disabled people have full rights, real choices, and equal opportunities to thrive.

Our Values

Our values are the foundation of everything we do. They guide our actions, shape our relationships, and inspire us to create a more inclusive and empowering world for tāngata whaikaha.

- Person-Centred Care
- Inclusivity
- Accessibility
- Compassion
- Empowerment

